

Emergency Treatment of an Opioid Overdose

- 1. Call 9-1-1: Immediately. The Good Samaritan Law protects you from prosecution. Don't run; call 9-1-1!
- 2. **Rescue Breathing**: Tilt the head, lift the chin, and pinch the nose. Give 1 breath every 5 seconds.
- 3. Naloxone: Give if you have it. If first dose does not revive the person, administer a second dose.
- 4. **Recovery Position**: If you must leave the person alone, place them on his or her left side.

Recovery is possible. Support, guidance, and assistance on how to access Substance Use Disorder services is available 24/7 from the

Maryland Crisis Hotline 1-800-422-0009

Naloxone works. Information on obtaining Naloxone through the Overdose Response Program is available at NaloxoneMD.org

MdDestinationRecovery.org