

# Opioid Overdose

## RESPONSE STEPS



**STEP 1:**  
**Get Their Attention**

Firmly rub your knuckles up and down the middle of the person's chest.



**STEP 2:**  
**Call 911**

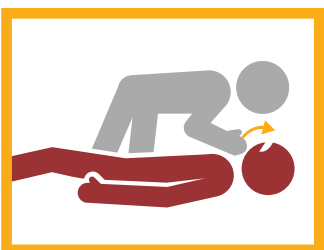
Tell them your location and the person's symptoms.



**STEP 3:**  
**Give Naloxone**

Peel back package to remove the device. Place tip of nozzle in either nostril until your

fingers touch the bottom of the person's nose. Press the plunger firmly to release dose into nose. If first dose doesn't work within 1-3 minutes, give second dose.



**STEP 4:**  
**Support Breathing**

Lay the person on their back. Tilt the chin back. Remove anything blocking their airway.

Pinch the person's nose closed and cover their mouth with your mouth. Blow 2 regular breaths, then give 1 breath every 5 seconds. If trained in CPR, do chest compressions.



**STEP 5:**  
**Give Care**

Stay with the person until medical help arrives.

Place the person in recovery position: face and head turned to the side, top hand placed under head, top knee bent to support the body.

## What is Naloxone?

Naloxone is a prescription medicine that safely and effectively reverses an opioid overdose.

Doctors and paramedics have used it for decades. Naloxone is sprayed up the nose.

## Signs of Opioid Overdose

- ✓ Loud snoring
- ✓ Lips/fingernails turning blue
- ✓ Pale/greyish skin
- ✓ Unresponsiveness
- ✓ A very limp body
- ✓ Shallow, slow, or stopped breathing
- ✓ Slow or stopped heartbeat

## Know Your Rights

Maryland's Good Samaritan Law protects people assisting in an emergency overdose situation from arrest, as well as prosecution, for certain crimes.

Learn more at [BeforeItsTooLate.Maryland.gov](https://www.beforeits toolate.maryland.gov)

## More Information:

[HowToAdministerNaloxone.Maryland.gov](https://www.howtoadministernaloxone.maryland.gov)  
[BeforeItsTooLate.Maryland.gov](https://www.beforeits toolate.maryland.gov)

Call 211, then press 1



Used Your Naloxone? Call Maryland Poison Center, 1-800-222-1222

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