Save a Life with Naloxone

What is Naloxone?
Naloxone is a prescription medicine that safely and effectively reverses an opioid overdose. It is not addictive. Doctors and paramedics have used it for decades. Naloxone is sprayed up the nose.

Opioid Overdose Response Steps

1. Lay the person on their back.
2. Tilt the chin back. Remove anything blocking airway.
3. Pinch the person’s nose closed and cover their mouth with your mouth.
4. Blow 2 regular breaths, then give 1 breath every 5 seconds.
5. Do chest compressions if trained in CPR.

Recognize the Signs of an Opioid Overdose

Loud snoring
Lips or fingertips turning blue
Pale/grayish skin
Unresponsiveness
A very limp body
Shallow, slow, or stopped breathing
Slow or stopped heartbeat

Know Your Rights
Maryland’s Good Samaritan Law protects people assisting in an emergency overdose situation from arrest, as well as prosecution, for certain crimes. To learn more, visit MDDestinationRecovery.org.

Maryland Department of Health
Behavioral Health Administration

BeforeIt'sTooLateMD.org
MD Crisis Connect:
Call 211, Press 1