

Kent County Opioid Response Plan

FY 2018 - 2019

April 2018 UPDATE

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KENT COUNTY, MARYLAND OPIOID RESPONSE PLAN
(Plans, strategies and priorities for meeting the substance use related needs of Kent County residents)

Vision: A Healthy, Safe and Drug-Free Kent County

Mission: To assist individuals and families affected by substance abuse, to achieve a better quality of life through prevention, intervention and comprehensive treatment. Our primary value is to preserve the dignity and well-being of every individual and family through the promotion, restoration and maintenance of a healthy and productive life.

Priorities:

- 1. Prevention of new cases of opioid and alcohol addiction among both adults and youth**
- 2. Build local capacity to identify and link patients to appropriate levels of care**
- 3. Improve access to treatment and recovery services known to improve outcomes and reduce opioid overdose deaths**

Goal 1: Prevention of new cases of opioid and alcohol addiction among both adults and youth

Objective 1: Reduce supply of illicit opioids

Strategy:

- Kent County has a permanent drop-off site in place for citizens to dispose of unused medications at the local sheriff's department Sheriff's Office located at 104 Vickers Dr., Unit B, Chestertown, MD 21620, Only take unused meds on M-F, 8am-5pm except holidays)
- National Drug Take Back Day sponsored by the Kent County Sheriff's Department, Chestertown and Rock Hall Police Departments on October 28, 2017 will also be honored within the Jurisdiction. For FY17 Drug Take Back occurred on 4/3, 4/4, 4/5, 4/6 & 4/7 respectively.

Objective 2: Increase patient, family, and public knowledge of opioid risk and benefits

Strategy:

- Local community forums are planned for Fall, 2017 to be followed by outreach to faith based and community organizations culminating in a planned public rally in Spring, 2018
- Funding from the Mid Shore Opioid Overdose Prevention Plan (OOMP Grant) has led to prevention messaging throughout the mid shore via an intense media campaign that includes Facebook, local newspapers, Instagram, Twitter, YouTube, Local Health Department websites and community forums

Objective 3: Increase youth knowledge of opioid risk and benefits

Strategy:

- Kent County Behavioral Health will partner with Board of Ed, law enforcement, and State's Attorney to provide evidence based interventions within the public school system
- Health Department Prevention Grant targeting underage substance abuse with school and community based outreach educational events

Goal 2: Build local capacity to identify and link patients to appropriate levels of care

Objective 1: Reduce stigma and improve knowledge and understanding about opioid addiction

Strategy:

- Local community forums are planned for Fall, 2017 to be followed by outreach to faith based and community organizations culminating in a planned public rally in Spring, 2018
- Develop and distribute/display educational information about opioid addiction in public settings throughout the community
- Contract with Soul Candy Media to develop and market social media campaign with a clear message to carry to the entire community concerning illicit opioids, risks of use, prevention, intervention, access to treatment, decreasing stigma surrounding addiction and recovery support systems.

Objective 2: Identify and connect individuals to treatment and recovery services

Objective 2a: Community Information Sharing

Strategy:

- Contract a vendor to develop resource information including 24 hour emergency contact numbers to all potential contact points with health, safety, and social service systems i.e., County/State agencies, doctors, dental offices, emergency room, emergency responders and law enforcement.
- All local pharmacists have been provided with educational material about signs and symptoms of opioid abuse and referral contact numbers for assistance.

Objective 2b: Crisis Intervention

Strategy:

Crisis Stabilization Center

- The Kent County Behavioral Health Department will create a Crisis Stabilization Center. This will be operated by Peer Recovery Support Specialists and supervised by the LAA. The Crisis Stabilization Center will assist both the patient and family members to move toward stabilization, recovery oriented thinking, behavior and lifestyle. Once a family has been connected to ancillary services the Peer Recovery Support Specialist will conduct periodic check-ups with the family to see if any further professional interventions are required.
- Peer Recovery Support Specialists will connect with patients leaving residential services to ensure both the patient and family member receive adequate recovery support and crisis management services within the community.

Crisis Response Team

- The LDAAC/OOCC committee are in the process of working with the hospital to develop a crisis response team to follow up with each overdose victim that does not enter into Behavioral Health treatment to ensure follow up care is provided.

Goal 3: Develop and maintain an integrated continuum of effective treatment and recovery services known to improve outcomes and reduce opioid overdoses and deaths

Objective 1: Expand Access to Opioid Addiction Treatment and Recovery

Objective 1a: Community Access

Strategy:

- Continue to offer financial incentives such as rent free space at the health department, in order to maintain outpatient provider capacity for expedited MAT referrals
- Partnering of the Crisis Stabilization Center with the Whitsitt Center for immediate access to residential and recovery services
- Increased availability of acute and long term care treatment beds due to recent expansion at the Whitsitt Center

Objective 1b: Emergency Department Access

Strategy:

- Hospital Emergency Department MOU with the Whitsitt Center to expedite referrals for residential services
- Updating hospital emergency department policy on management of opioid dependent and overdose patients to ensure follow up care

Objective 1c. Inmate Access

Strategy:

- Provide Vivitrol case management/counseling serves to Opioid Dependent Kent County inmates prior to release from the Kent County Detention Center back into the community via a grant provided through the Governor's Office of Crime Control & Prevention and for those court ordered individuals into the PAST program (Post Adjudication Supervision Treatment).
- BHA & OHCQ has approved our application for Certification for ASAM Level I.C for the Kent County Detention Center. We will begin the delivery service in FY17. We the STOP Grant through BHA to be funded to provide for a full time clinician, full time Care Coordinator and a full time Peer Recovery Support Specialist. BHA only funded enough money to provide for a full time clinician however this is extremely beneficial as this system of care has never been in place for this jurisdiction. We will now be able to provide daily clinical services to male and female inmates. Group and individual therapy will be accessible for those that meet ASAM and DSM-V criteria for Level I services.
- The PAST Program (Post Adjudication Supervision Treatment) provides a one year program court ordered Behavioral Health intervention strategy agreed upon through the Judiciary of Kent County. Through this funding the PAST program has a Coordinator who provides ancillary services which augments the treatment services provided by

local providers and reports directly to the courts. Partnerships include the District, Circuit Court Judges for Kent County, States Attorney, Public Defender's Office, Parole & Probation, and Mental Health Providers concerning the case management of PAST clientele. In 2017 the recidivism rate of participants was 22%.

Objective 1d. Youth Access

Strategy:

- We continue to offer the Diversion Program via our Partnership with the District Court of Kent County with two classes – one for local college students and one for out of area students and those not enrolled in college. We are also exploring a program that is offered online called Alcohol EDU in a “sanctions” version that is specifically for court ordered individuals 18-20 years old with a first time alcohol citation or legal consequences from drinking and discussion with the State Attorney's Office is being sought on the program after we preview the program.

Objective 2: Availability of Overdose Education and Naloxone Distribution

Objective 2a. First Responders

Strategy:

- To date the LAA has now trained the Rock Hall, Chestertown Police Departments and Washington College Public Safety Department on the use of Narcan, which they now carry as part of their standard equipment. All EMS personnel are also trained.

Objective 2b. Hospital/ED Discharges

Strategy:

- The Kent County Health Department has been awarded a grant through BHA to provide Narcan dosages to the University of Maryland Shore Health Center in Chestertown. The hospital emergency room estimates it provides direct services to 5-6 overdose victims and their families each week. 400 Narcan kits have been purchased. The Kent County LAA will provide training to the hospital emergency room staff who in turn will train patients and their family/support system on the use of this medication upon release.

Objective 2C. Public, families/friends, and individuals at high risk for overdose

Strategy:

- The Kent County Health Department schedules, trains, and supplies Narcan to the public upon demand. The Health Department also trains and supplies Narcan to all discharges from residential addictions care as well as their family members upon request.